

How we began



God made us all. We are all special. We are all different. We all began as a tiny living being, smaller than the head of a pin. But just like a tiny seed will grow into a big tree, so we grow from this tiny living being into the child we are now. We will carry on growing through our time at school.

To grow we need food and shelter to keep us healthy and safe. God gives us parents to give us these things.

BEFORE BIRTH

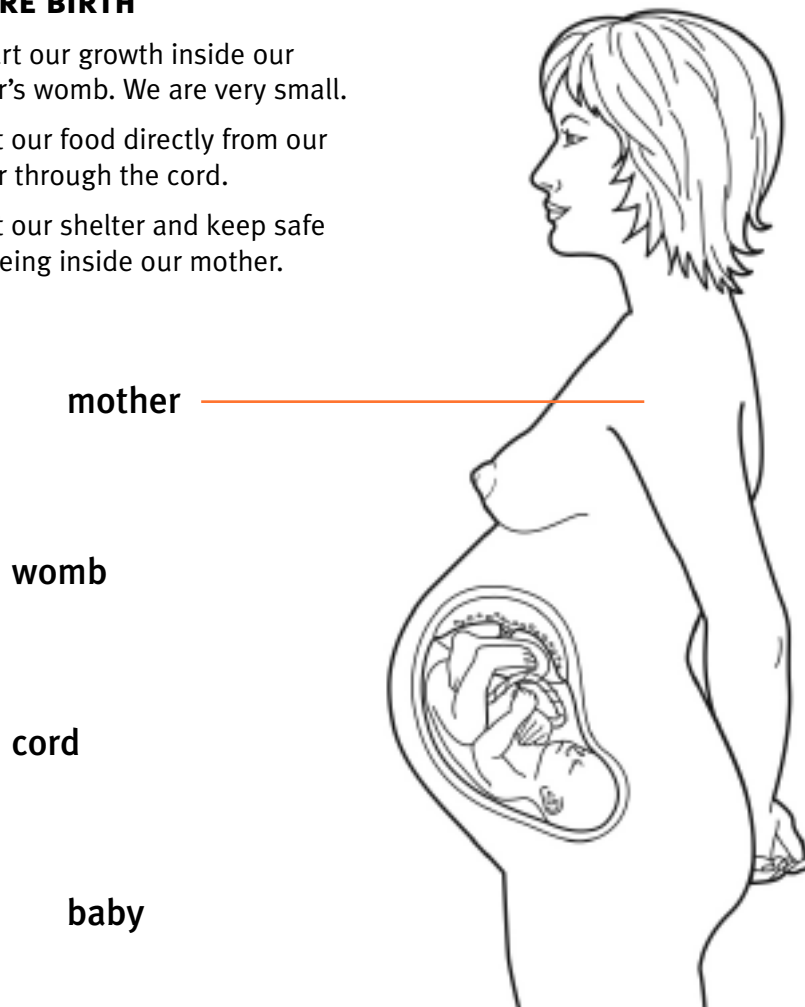
We start our growth inside our mother's womb. We are very small.

We get our food directly from our mother through the cord.

We get our shelter and keep safe from being inside our mother.

Join the lines from the words to that part of the picture. The first one has been done for you.

Then colour in the picture.



AFTER BIRTH

We carry on growing after birth, but we are still small. Now we are fed with milk by our mother. Our mother wraps us up warm and cares for us, keeping us safe.



FOOD

Growing up at school

Now we are a little older and a little bigger. But we still need food and shelter.

In the box draw a picture of yourself with your favourite food.

Write down the names of your favourite foods.

My favourite foods are

SHELTER

This is a picture of my home

Before you were born your home was in your mother's womb.

Now you live in a different home, which gives you shelter.

Draw a picture of the home where you live.

Think about the Christmas story.

God shows how much He loves us by sending his only Son, Jesus onto Earth.

Jesus grew up just like us. He grew first in the womb of His mother, Mary.

As Joseph and Mary travelled to Bethlehem, Jesus travelled with them inside Mary's womb.

Draw a picture of Joseph and Mary travelling to Bethlehem on a donkey. Jesus is well-fed and warm inside Mary. Remember to include Him in your drawing!

When Jesus and Mary get to Bethlehem, they are worried, because there is nowhere to stay and Jesus is about to be born. What does the newborn Jesus need that he will not get if there is nowhere to stay? How do the stable and the manger help the new born Jesus?

Just as Joseph and Mary looked after Jesus as he grew up, so your parents look after and care for you.

God wants the love your parents have for you to be the same as the love God has for everyone.

One of the earliest followers of Jesus, St Paul wrote about this love God has for us when he sent us his own Son, Jesus:

But when the right time finally came, God sent his own Son. He came as the son of a human mother . . . so that we might become God's sons and daughters. Galatians 4:4-5

This love that God has for you is there from the moment of your creation in your mother's womb. In the Bible, this is put as a prayer to God:

You created every part of me; you put me together in my mother's womb. I praise you because you are to be feared; all you do is strange and wonderful. I know it with all my heart. When my bones were being formed, carefully put together in my mother's womb, when I was growing there in secret, you knew that I was there – you saw me before I was born. Psalm 139: 13-16

So God knows us and loves us even when we are very small in our mother's womb.

We can get some idea of the way God loves us by thinking of the ways our parents and those who care for us love us.

Write down all the ways that your parents show their love for you.

Draw a picture that shows your idea of love

